

Equipment for Outdoor Explore

- 1 big backpack: 65-90liter
- 1 daytrip backpack: aprox. 30 liter
- Drybags/garbage bags – to keep everything dry when we`re out
- Sleeping bag: minimum comfort temperature -10 celsius (it can be colder).
- Sleeping mat
- Waterproof/windproof skipants and shelljacket (can use the same jacket the whole year)
- Hikingpants for the autumn
- Gamasjer
- Downjacket or a thick wool sweater
- Wool underwear x2/3
- Wool socks x3
- Buff Beanie/hat x 2
- Gloves/mittens x 2 (i recommend a pair of wool mittens and wind/waterproof shellmittens to have over)
- Head torch
- Map folder
- Compass
- Bottle (can buy at school)
- Dining set (can buy at school)
- Thermos
- First aid kit
- Knife

What you need for skiing:

- Fjellski with bindings f.ex Fischer e109 with BC magnum-binding
- Fjellski boots - you can find cheaper equipment on secondhand stores as ties.com and finn.no. We will help you when you come to the school.
- Poles
- Skins
- Avalanche safety equipment – shovel, probe (you can rent at school)